

Top 5 reasons for biometric screenings

1

Because a reliable crystal ball is still in the drawing-board stage.

Biometric screening is a proven predictor of your future health concerns. If your biometrics are out of range – even slightly – you’re at risk for a number of chronic conditions. If you knew that diabetes, cardiovascular disease or stroke were in your future, you could take steps to mitigate your risk.

2

Because your personal information is protected.

“But I don’t want my employers to know my results.” Good news – they won’t! While the employer will know aggregate results, individual results are protected ... by law. So the company may learn that 20 out of 50 employees are at risk for diabetes, but they won’t know which ones.

3

Because it’s fast, it’s easy, and it’s free!

Look at that, three answers for the price of one! Many people spend their own time and money to get the exact same test done through their personal physicians; you can have it done within minutes, within walking distance of your desk, and without opening your wallet.

4

Because the only thing you have to fear is fear itself.

Not a big fan of needles? Yes, there will be blood drawn. But no, they won’t stick a big needle in your arm. A quick finger prick and a few droplets are all that are needed for accurate results.

What if it’s not the needle but the results that scare you? All the more reason to have the screening ...

5

Because what you don’t know CAN hurt you.

“I feel fine” is not a reliable gauge of health. High blood pressure will silently take a toll on your organs, leading to heart attack, stroke, kidney failure. Elevated blood sugar will lead to diabetes, another chronic and debilitating condition. Avoiding the screening doesn’t avoid the outcome; if you can identify your risk, you can mitigate your risk. And we’re here to help.

